

## WELCOME BY MS REKHA SINHA EXECUTIVE DIRECTOR, ILSI INDIA

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**ILSI-India** is an entity of the International Life Sciences Institute (ILSI), headquartered in Washington DC., USA. **ILSI** India provides scientific inputs and secretariat assistance to the South Asian Region. It has headquarters in New Delhi.



ILSI India works on most pressing health issues in the region particularly relating to the four thematic areas:

Food Safety, Risk Science and Toxicology, Nutrition, Health and Wellness, Sustainable Agriculture and Nutrition Security.

We work on <u>Tripartite basis</u> i.e. scientists from Government, Academia and Industry. We carry out work through:

- ✓ Sponsoring Scientific Meetings Workshops, Conferences, Webinars.
- ✓ By sponsoring Research
- ✓ By bringing out Publications
- ✓ By organizing Training Programs.



ILSI India has done PIONEERING WORK in the region in the above areas. The most recent have been on Food Fortification, Vitamin D, Nutrient Risk Assessment, Harmonization of Food Regulations and New Plant Breeding Technologies.

We have set up a center of excellence in the new scientific area of Gut Microbiome. It is called Knowledge Center on Functional Foods, Immunity and Gut Health (K-FFIG).



Today's Webinar is organized by our New Task Force on Nutrition and Brain Health. This has eminent scientists as members with ILSI India Chairman, Prof. P K. Seth as Chair. NABHI is looking into the role of nutrition, physical activity and lifestyle as also Gut Microbiome in promoting brain health from pediatrics to geriatric.



Studies have shown that nutrition is the Key for Cognition, IQ and Brain's health. With increase in longevity we are also witnessing increasing incidence of Alzheimer, Dementia, Parkinson etc.

The NABHI Task Force has sponsored studies to look at the factors affecting brain development and health – following a lifecycle approach.

## THANK YOU